Intramural Volleyball

Captain’s Meeting
• Games are played 6v6
  • Co-Rec:
    • 6 Players: 3 men, 3 women; 4 women, 2 men;
    • 5 Players: 3 women, 2 men

• 4 players required to avoid forfeit
  • Co-Rec: 2 men, 2 women

• Best 2 of 3 games

• Rally scoring
  • 1<sup>st</sup> and 2<sup>nd</sup> games to 25 points; 3<sup>rd</sup> game to 15 points

• Win by 2
  • 1<sup>st</sup> and 2<sup>nd</sup> games capped at 31 points

• Substitutions at dead ball on official’s signal

• Two 30-second timeouts per team, per game
• Regulation court

• Net Height
  • Men’s – 8 ft
  • Women’s – 7’4 ft
  • Co-Rec – 8 ft

• 3 meter line/10 foot line

• Ball in and out of play

• Crossing over outside of court
• The Serve
  • An illegal serve and loss of service will occur when:
    • The team serves out of order
    • The server is in contact with the endline
    • The ball is hit with two hands
    • The server does not serve the ball within 10 seconds
    • The ball touches the ceiling, lands on the server’s side of the court, passes under the net, or lands out of bounds.

  • The server must wait for the official to signal for service before serving (i.e. blowing his/her whistle)

• The server will be allowed one release and drop per service term

• A player may not attack or block a serve
• Live Ball Play

• Fouls:
  • A player plays the ball consecutively (Exception: After a block)
  • A team hits the ball more than 3 times.
    • Co-Rec: If the ball is hit more than once on a side, then both sexes must touch the ball
  • Illegal hit (closed fist & set)
    • A ball may be played with hand, foot, head, or any body part as long as lift/carry infraction has not occurred
  • Touching the Net/Crossing over center line
  • Attacking ball over the net
• Live ball play (continued)

• A ball is dead if:
  
  • It touches the floor
  
  • The ball becomes lodged or momentarily comes to rest on any obstruction over the court
  
  • It is whistled dead by the official for any reason

• Simultaneous contact
  
  • Teammates vs. Opponents

• Overhead obstructions
• No jewelry or dangerous material

• Athletic shoes must be worn

• No hats

• Athletic shorts or sweatpants must be worn
ONLY EMORY ID’S WILL BE ACCEPTED!!!
• Sportsmanship Rating System
  • 4 – 0 scale
  • 3.0 to make playoffs
  • Unsportsmanlike Penalties
    • Player Ejections
  • No Alcohol

• BE RESPECTFUL

• BE UNDER CONTROL

• SAFE, FUN, & FAIR!
• The Postseason

• Top 2 teams in each division + wildcards*

• Tiebreaker Format:
  1. Head to Head
  2. Sportsmanship Rating
  3. Point Differential
  4. Points Against
• Eligibility
  • Students, Faculty/Staff, Spouse/Partners, Alumni
  • Varsity/Club Sport Athletes

• Rosters
  • One single-sex team per sport
  • Team change deadline **Friday, March 21st**
  • Locked into team after one appearance
  • Roster additions must be done by 12:00pm
  • Players must be on scoresheets
Forfeits
- $20 forfeit fee
- Additional forfeit fee required
- Game time is forfeit time

Defaults
- No rescheduling of games but you can request a default
- 1 default per sport
- 24 hour notice

Rain Hotline
- Call 404-727-6542
- Updated by 3:00pm day of games