Flag Football
Captain’s Meeting
September 1, 2015
INTRAMURAL STAFF

Ricky Talman
Assistant Director
Intramural & Club Sports

Matt Jarman
Coordinator
Intramural & Club Sports
EQUIPMENT CHECK-OUT

- Equipment check-out is located at the Fieldhouse
- Participants are allowed to check out equipment with a valid Emory ID
- Failure to return borrowed equipment will affect a participant’s eligibility
- Charged to Bursar account
BENCH / SPECTATOR AREAS
PLAYER EQUIPMENT

- Athletic apparel
  - NO belt loops, **POCKETS**, exposed draw strings, etc.
  - NO cleats with exposed metal or metal tips
  - Shirts must be tucked!

- Jerseys
  - Teams may check jerseys out or make their own

- **NO JEWELRY!**
RULES OF PLAY

- Men’s/Women’s may have a max of seven (7) players
  - Minimum of five (5) to start
- Four (4) 10-minute periods
- Continuous clock until the final two (2) minutes of the game
- If the score is tied, overtime will be played
  - Each team will attempt a series of downs from the 10-yard line
RULES OF PLAY

- Mercy rule at 2 minute warning
  - Men’s/Women’s = 19 points
  - Co-Rec = 25 points
- Three (3) timeouts per game, one (1) for the entirety of overtime
- The line to gain is located every twenty (20) yards with four (4) downs to reach
RULES OF PLAY

- One (1) player necessary on the line at the snap
- On 4th down, the offense is given the option to punt or play
  - NO fake punts
  - NO fair catches
- After a touchdown, offense is given the option to try for one (1), two (2), or three (3)
RULES OF PLAY

- No Fumbles
  - Ball belongs to the team that last had possession
- Screen blocking is permitted
  - Arms at player’s side, behind back, etc.
- Ball carrier may not guard his/her flag belt to avoid a flag pull

**NON-CONTACT SPORT!**
CO-REC RULES OF PLAY

- Co-Rec may have a maximum of eight (8) players
  - Minimum of six (6) to begin
    - Three (3) & three (3) or four (4) & two (2)
- An offensive male player cannot advance the ball through the line of scrimmage
- A female must participate on every other play
  - Passer/ receiver
- If a female participates on a scoring play, the touchdown is worth nine (9) points
- Athletes are classified as the gender that they identify with!
PLAYOFFS

- Top 2 teams in each division advance to playoffs
- Teams must also maintain a **3.0** sportmanship rating to advance to the playoffs
DEFAULTS / FORFEITS

- Default = Cancellation with notice
  - Must notify office 24 hours in advance
  - One default per sport
- Forfeit = No-show, player eligibility, etc.
  - $20 forfeit fee
  - Additional forfeit fee required
  - **Game time is forfeit time!**
ROSTER POLICY

- Before participation, all participants **MUST** create an IMLeagues user account AND must be added as an eligible player on their team’s roster.
ROSTER POLICY

- One single-sex team, one co-rec team!
- Locked into team after one appearance
- Roster additions must be done by 12 PM
- Players must be on scoresheets to play
IDENTIFICATION

- Must present own valid picture identification card every game
  - Emory ID card
  - Driver’s license
- Using someone else’s ID
  - Team will forfeit the game
  - Participant using illegal ID is suspended
  - Participant whose ID was used is suspended

NO ID = NO PARTICIPATION
TEAM CONDUCT

- Good sportsmanship is important at every contest
- A **team captain** is ultimately responsible for his/her team’s and spectator’s behavior
- Sportsmanship ratings will be awarded to each team following each game
- Sportsmanship will affect playoff eligibility
- **Alcohol/tobacco use is NOT permitted.**
EJECTIONS & REINSTATEMENT

- If a participant is ejected, he/she becomes INELIGIBLE for ALL future intramural activities until he/she meets with the Coordinator of Intramural & Club Sports, Matt Jarman.

- An ejection will result in a minimum one-game suspension.

- Any ejection will result in a team sportsmanship rating of (0).
  - Can be moved up to a maximum of (2) after meeting
SPORTSMANSHIP RATINGS

Sportsmanship will be evaluated on a 0 to 4 point scale.

4 = Excellent
   No incidents of poor sportsmanship and the team maintains an attitude of complete cooperation.

3 = Good
   Minimal instances of poor sportsmanship, little complaining.

2 = Fair
   Team members display abusive remarks towards officials, unnecessary roughness, and constant complaints. *Teams that have players or coaches ejected for any reason will receive no higher than a 2 rating.*

1 = Unsatisfactory
   Team fails to cooperate with officials and team is repeatedly warned about above infractions. *The team captain is required to meet with a member of the IM Lead Team prior to the team’s next participation.*

0 = Poor
   Team behavior is completely uncooperative. Conduct may include, but is not limited to, striking an opponent/staff, unnecessary roughness, discontinuance of game, and disregard for IM policies and procedures. *A team receiving a 0 rating may face disqualification from the remainder of the season.*
FIRST WEEK OF PLAY

- **Because of Labor Day, first week dates are changed**
  - **Sunday Leagues**
    - Play on Tuesday, September 8, at corresponding time
  - **Monday Leagues**
    - Play on Wednesday, September 9, at corresponding time
  - **Wednesday Leagues**
    - Play on Thursday, September 10, at corresponding time
- **All changes can be seen on IMLeagues**
EXTRAMURAL EVENTS

- Swamp Bowl Regional Championships
  University of Florida – Oct 23 - 25, 2015
- NCCS Regional Flag Tournament
  University of North Carolina Wilmington – Nov 6 - 8, 2015
- Georgia Peach Classic
  Georgia Southern University – Nov 6 - 8, 2015
- NCCS Regional Flag Football Championships
  Western Kentucky University – Nov 20-22, 2015
- NCCS Regional Flag Football Championships
  University of Southern Mississippi – Dec 4 – 6, 2015
- NCCS National Flag Football Championships
  Pensacola, FL – January 2 - 4, 2016

Note: extramural tournaments have specific eligibility requirements.
SOCIAL NETWORKING

- Get the latest news, updates, view photos, and more!
- Follow us at @Emory_IM
- Like us on Facebook at Emory Recreation & Wellness
QUESTIONS?

Have a great season!